

# ECIAAA EMERGENCY NOTIFICATION

**MARCH 23, 2020**

## **COVID-19 – Comprehensive List of Senior Citizen Preparedness & Community-Based Organization Preparedness Resources**

### **For seniors and disability community:**

- <https://acl.gov/COVID-19>
- <https://www.cdc.gov/coronavirus/2019-ncov/specific-groups/high-risk-complications.html#Have-supplies-on-hand> (see at the bottom also- “What others can do to support older adults)
- American Society on Aging: <https://www.asaging.org/blog/cdc-covid-19-coronavirus-resources>
- COVID-19 Resources for the Disability Community: <https://www.accessliving.org/our-services/covid-19-resources-for-the-disability-community/>
- The National Resource Center on Nutrition and Aging: <https://nutritionandaging.org/covid-19/>
- Medical alert systems: <https://www.consumeraffairs.com/medical-alert-systems/>
- <https://www.redcross.org/about-us/news-and-events/news/2020/coronavirus-safety-and-readiness-tips-for-you.html> (scroll down- “Who is at Higher risk?”)
- General home preparedness: <https://www.cdc.gov/coronavirus/2019-ncov/community/home/index.html>
- Your disaster checklist (to prepare for financial issues): [https://files.consumerfinance.gov/f/documents/cfpb\\_adult-fin-edyour-disaster-checklist.pdf](https://files.consumerfinance.gov/f/documents/cfpb_adult-fin-edyour-disaster-checklist.pdf)
- General Older Adults preparedness page: <https://www.cdc.gov/aging/emergency/preparedness.htm>
- Alliance for Aging Research: <https://www.agingresearch.org/common-questions-and-answers-about-covid-19-for-older-adults-and-people-with-chronic-health-conditions/>
- National Foundation for Infectious Diseases: <https://www.nfid.org/infectious-diseases/common-questions-and-answers-about-covid-19-for-older-adults-and-people-with-chronic-health-conditions/>
- Alzheimer’s Association Helpline- available 24 hours a day, 7 days a week for anyone who needs it, including staff, residents, and care partners. The Alzheimer’s Association helps with any type of memory loss or dementia, and can truly be an added support for many care partners, professional or otherwise, at any time and especially under current circumstances: <https://www.alz.org/help-support/resources/helpline>

- In-home care: <https://www.consumeraffairs.com/health/in-home-care/>
- VITAS: Hospice, Care Services, Caregiver Support: <https://www.vitas.com/>
- Comcast Internet Essentials:  
<https://www.internetessentials.com/covid19>  
<https://apply.internetessentials.com/>
- New York Times Article: "I'm Really Isolated Now"  
<https://www.nytimes.com/2020/03/18/nyregion/coronavirus-elderly-nyc.html>

### **For senior living facilities:**

- Retirement communities:  
<https://www.cdc.gov/coronavirus/2019-ncov/community/retirement/index.html>
- <https://www.cdc.gov/coronavirus/2019-ncov/healthcare-facilities/prevent-spread-in-long-term-care-facilities.html>
- <http://www.dph.illinois.gov/topics-services/diseases-and-conditions/diseases-a-z-list/coronavirus/long-term-care-guidance>
- Nursing homes: <https://www.cms.gov/medicareprovider-enrollment-and-certificationsurveycertificationgeninfo/policy-and-guidance-infection-control-and-prevention-coronavirus-disease-2019-covid-19-nursing-homes>
- Webinar for nursing homes: <https://caltcm.memberclicks.net/covid-19>
- <https://www2.illinois.gov/aging/coronavirus/Pages/default.aspx>
- Long-Term Care Pandemic checklist:  
<https://www.cdc.gov/flu/pandemic-resources/pdf/longtermcare.pdf>
- Acute and Long-Term Care guidance:  
<https://paltc.org/sites/default/files/COVID-19%20Guidance%20Updated%20March%206.pdf>

### **For Aging Network to support seniors:**

- <https://emergency.cdc.gov/workbook/index.asp>
- <https://www.americangeriatrics.org/covid19>
- <https://www.johnahartford.org/dissemination-center/view/covid-19-in-older-adults-key-points-for-emergency-department-providers>
- Senior nutrition:
  - a. <https://nutritionandaging.org/COVID-19/>
  - b. <https://www.mealsonwheelsamerica.org/take-action/covid-19-response>
  - c. <http://nanasp.org/COVID-19>
  - d. Grocery Delivery article:  
<https://money.com/coronavirus-online-grocery-delivery-walmart-amazon/>
  - e. FAQs:
    - [https://www.mealsonwheelsamerica.org/docs/default-source/covid-19/nutrition-faqs-final-3-12-2020.pdf?sfvrsn=32cddb3b\\_2](https://www.mealsonwheelsamerica.org/docs/default-source/covid-19/nutrition-faqs-final-3-12-2020.pdf?sfvrsn=32cddb3b_2)

- <https://nutritionandaging.org/wp-content/uploads/2020/03/Nutrition-FAQs-FINAL-3-12-2020.pdf>
- <https://nutritionandaging.org/wp-content/uploads/2020/03/Emergency-Preparedness-FAQs-for-Aging-Services-Professionals-Updated-3.4.20.pdf>
- General resources for older adults & caregivers:
  - <https://www.johnahartford.org/dissemination-center/view/coronavirus-disease-covid-19-resources-for-older-adults-family-caregivers-and-health-care-providers>
- [https://www.cdc.gov/coronavirus/2019-ncov/community/index.html?CDC\\_AA\\_refVal=https%3A%2F%2Fwww.cdc.gov%2Fcoronavirus%2F2019-ncov%2Fpreparing-individuals-communities.html](https://www.cdc.gov/coronavirus/2019-ncov/community/index.html?CDC_AA_refVal=https%3A%2F%2Fwww.cdc.gov%2Fcoronavirus%2F2019-ncov%2Fpreparing-individuals-communities.html)
- Institute on Aging Friendship Line:
  - <https://www.ioaging.org/services/all-inclusive-health-care/friendship-line>

### **Office preparedness:**

- [https://www.cdc.gov/coronavirus/2019-ncov/community/guidance-business-response.html?CDC\\_AA\\_refVal=https%3A%2F%2Fwww.cdc.gov%2Fcoronavirus%2F2019-ncov%2Fspecific-groups%2Fguidance-business-response.html](https://www.cdc.gov/coronavirus/2019-ncov/community/guidance-business-response.html?CDC_AA_refVal=https%3A%2F%2Fwww.cdc.gov%2Fcoronavirus%2F2019-ncov%2Fspecific-groups%2Fguidance-business-response.html)
- <http://www.dph.illinois.gov/topics-services/diseases-and-conditions/diseases-a-z-list/coronavirus/business-guidance>
- [https://www.who.int/docs/default-source/coronaviruse/getting-workplace-ready-for-covid-19.pdf?sfvrsn=359a81e7\\_6](https://www.who.int/docs/default-source/coronaviruse/getting-workplace-ready-for-covid-19.pdf?sfvrsn=359a81e7_6)
- US Chamber of Commerce: <https://www.uschamber.com/coronavirus>
- IEMA Continuity of Operations Resources: <https://www2.illinois.gov/iema/LocalEMA/Pages/OtherResources.aspx#COOP>

### **General COVID-19 Resources:**

- Live Data
  - a. CDC: <https://www.cdc.gov/coronavirus/2019-ncov/cases-in-us.html>
  - b. New York Times: <https://www.nytimes.com/interactive/2020/world/coronavirus-maps.html>
  - c. Johns Hopkins University GIS Map: <https://gisanddata.maps.arcgis.com/apps/opsdashboard/index.html#/bda7594740fd40299423467b48e9ecf6>
  - d. Our World in Data: <https://ourworldindata.org/coronavirus>
- Updates from National Governors Association: <https://www.nga.org/coronavirus/#actions>
- For nonprofits responding to COVID-19:
  - a. Webinar: <https://learn.airs.org/covid-19>
  - b. <https://myforefront.org/covid-19/>

- Coronavirus Bulletin: Resources for Leading During the Crisis: <https://gop-waysandmeans.house.gov/corona-virus-bulletin-resources-for-leading-during-the-crisis/>
- World Health Organization:
  - a. <https://www.who.int/emergencies/diseases/novel-coronavirus-2019>
  - b. Beware of scams: <https://www.who.int/about/communications/cyber-security>
- Center for Disease Control:
  - a. <https://www.cdc.gov/coronavirus/2019-ncov/index.html>
  - b. [https://www.cdc.gov/coronavirus/2019-ncov/community/home/index.html?CDC\\_AA\\_refVal=https%3A%2F%2Fwww.cdc.gov%2Fcoronavirus%2F2019-ncov%2Fcommunity%2Fget-your-household-ready-for-COVID-19.html](https://www.cdc.gov/coronavirus/2019-ncov/community/home/index.html?CDC_AA_refVal=https%3A%2F%2Fwww.cdc.gov%2Fcoronavirus%2F2019-ncov%2Fcommunity%2Fget-your-household-ready-for-COVID-19.html)
  - c. Guidance for mass gatherings: <https://www.cdc.gov/coronavirus/2019-ncov/community/large-events/mass-gatherings-ready-for-covid-19.html>
  - d. <https://www.cdc.gov/coronavirus/2019-ncov/community/organizations/cleaning-disinfection.html>
  - e. <https://www.cdc.gov/coronavirus/2019-ncov/community/index.html>
  - f. Travel: <https://www.cdc.gov/coronavirus/2019-ncov/travelers/index.html>
- Illinois Department of Public Health
  - a. <http://www.dph.illinois.gov/topics-services/diseases-and-conditions/diseases-a-z-list/coronavirus>
  - b. Daily press updates: <http://www.dph.illinois.gov/topics-services/diseases-and-conditions/diseases-a-z-list/coronavirus/media-publications/daily-press-briefings>
- Administration for Community Living: <https://acl.gov/COVID-19>
- Illinois Partners for Human Service Google Doc: [https://docs.google.com/document/d/1yEFN7PznCwRJrv\\_uLEoQS7GnOjiLeAboMGW8ligl94A/edit](https://docs.google.com/document/d/1yEFN7PznCwRJrv_uLEoQS7GnOjiLeAboMGW8ligl94A/edit)
- 2-1-1
  - a. National Resource Matrix: <https://docs.google.com/spreadsheets/d/1ean9O47zEM7048FuAKVR5JidBU4Fg7kMe4yOyowN7-w/edit#gid=905301205>
  - b. 2-1-1 COVID-19: <http://211.org/services/covid19#211>
- National Foundation for Infectious Disease: <https://www.nfid.org/infectious-diseases/coronaviruses/>
- Beware of rumors & scams:
  - a. COVID-19 fact-checking network: <https://www.poynter.org/ifcn/>
  - b. FEMA Rumor Control: <https://www.fema.gov/coronavirus-rumor-control>
  - c. DHHS Fraud Alert: [https://www.oig.hhs.gov/coronavirus/index.asp?utm\\_source=web&utm\\_medium=web&utm\\_campaign=covid19-landing-page](https://www.oig.hhs.gov/coronavirus/index.asp?utm_source=web&utm_medium=web&utm_campaign=covid19-landing-page)

- Illinois Department of Employment Security:  
<https://www2.illinois.gov/ides/Pages/default.aspx>

### **Support for small businesses and nonprofits- U.S. Small Business Administration**

- USDA Assistance Programs: [https://www.usda.gov/sites/default/files/documents/fact-sheet-usda-programs-assist-individuals-small-businesses\\_1.pdf](https://www.usda.gov/sites/default/files/documents/fact-sheet-usda-programs-assist-individuals-small-businesses_1.pdf)
- [https://www.ileda.org/assets/docs/HANDOUT\\_SBA%20Disaster%20Assistance\\_Resources%20for%20Businesses.pdf](https://www.ileda.org/assets/docs/HANDOUT_SBA%20Disaster%20Assistance_Resources%20for%20Businesses.pdf)
- <https://form.jotform.com/200717156003039>
- <https://www.sba.gov/page/coronavirus-covid-19-small-business-guidance-loan-resources>
- Newsletter signup: <https://www.sba.gov/updates>
- <https://www.sba.gov/offices/district/il/chicago>
- <https://associationsnow.com/2020/03/how-to-keep-your-association-running-if-coronavirus-worsens/>

